

# Custom Orthotics & Bracing Solutions at Advanced Foot Care Center

## Personalized Orthotic Devices

Custom orthotics are specially designed shoe inserts that provide support and correct biomechanical foot issues. They are instrumental in managing conditions such as:

- **Bunion Deformities:** Orthotics help redistribute pressure away from the bunion, alleviating pain and slowing progression.
- **Plantar Fasciitis:** By supporting the arch and cushioning the heel, orthotics reduce strain on the plantar fascia, promoting healing.
- **Flat Feet and Other Biomechanical Issues:** Orthotics provide the necessary support to improve foot alignment and function.

## Comprehensive Bracing Options

Our clinic offers a range of bracing solutions to address various lower limb conditions:

- **Drop Foot:** We provide Ankle-Foot Orthoses (AFOs) that assist in lifting the foot during walking, improving gait and preventing tripping.
- **Ankle Support:** Braces designed to stabilize the ankle joint, beneficial for conditions like tendonitis or after injuries.
- **Cam Walkers (Controlled Ankle Motion Boots):** These are used for immobilizing the foot and ankle following fractures or surgery, aiding in the healing process.
- **Custom Shoe Modifications:** For patients requiring additional support, we offer modifications to footwear to accommodate braces or orthotics, ensuring comfort and effectiveness.

## Tailored Treatment Plans

At Advanced Foot Care Center, we understand that each patient has unique needs. Our team conducts thorough evaluations to determine the most appropriate orthotic or bracing solution, ensuring optimal outcomes and improved mobility.